

2022- 2023 AfterSchool Program Descriptions

Class/Description	Teacher and Room	Start Date	End Date	Class Day/Time of Program
<p>Before School- All students are welcome to come to Before School. The doors are open for drop ins Monday-Friday 6:45am-8:00am. Students are encouraged to work on homework with the help from Ms. Anderson. Social and Emotional Learning activities will be provided. Games are available for students who do not need to work on homework and need a place to be before school starts.</p>	<p>Anderson Howe</p> <p>Room #105 The Panther Lounge</p>	8/16/21	5/26/23	Monday-Friday 6:45am-8am
<p>RPG (Role Playing Games) – RPG is a club where students learn social, strategizing skills, and improve spatial reasoning. The club is the perfect place to build new friendships. while playing fun games. Students take responsibility for acting out these roles within a narrative, through a process of structured decision-making regarding character development.</p>	<p>Lockwood Gilmore</p> <p>Room #220 #205</p>	9/6/22	5/19/23	Tuesday/Thursday 2:50-4:45
<p>Homework Help- Homework Help takes place Monday-Thursday. Students can receive help with their homework. This is a great opportunity for students to get their homework done each day and maintain passing grades.</p>	<p>Cafeteria</p> <p>TBD</p> <p>Before School rm#105</p>	8/22/2022	5/12/2023	Monday-Thursday 2:50-4:45 Before School Monday-Friday 6:45-8:00
<p>Drama- Fall Play 2022 Students must audition and commit to drama practices in order to be prepared for the performances. All students are welcome to audition and participate. Play will be November 4th,5th,8th</p>	<p>Diaz</p> <p>Auditorium: 95</p>	<p>Audition Sept 8/9, 2022</p>	11/15/22	Monday Tuesday Thursday 2:50-4:45
<p>Musical: Students must audition and commit to practices in order to be prepared for performances. All students are welcome to audition and participate.</p>	<p>Diaz</p> <p>Auditorium: 95</p>	TBA	3/28/23	Monday Tuesday Thursday 2:50-4:45
<p>Cooking Students learn cooking skills, picking fresh veggies and fruits and making recipes from basic item they can find in their own kitchens.</p>	<p>DeLara</p> <p>126</p>	9/7/2022	5/3/2023	Wednesday 2:50-4:45
<p>Boston/D.C. Students learn and focus on history such as WWII vets, Jewish survivors from the Hoholocaust.</p>	221/204	Oct 2022	May 2023	Tuesdays (2times a month)

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DEVELOPMENT CLASSES

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<p>Career Launch- Students learn college and career readiness including skills such as interviewing, writing resumes, how to be successful academically and in a career.</p>	Cafeteria	8/23/22	4/18/23	Tuesday
<p>Caring School Community- Research-based social and emotional learning program. Focus is to build a school-wide community, and develop important social skills.</p>	Cafeteria	8/22/22	4/17/23	Monday
<p>Keystone- Emotional wellness is the ability to successfully handle life's stresses and adapt to change and difficult times. (National Institutes of Health, Emotional Wellness Toolkit, Emotional wellness is also called resilience. Resilience is about coping with problems and building strengths that protect and promote well-being. We cannot always stop things from going wrong, but we can build strengths so that we are better able to successfully face challenges and setbacks. Some people not only face and overcome a difficult situation, they can even be strengthened by it.</p>	Cafeteria	8/24/22	4/19/23	Wednesday
<p>SMART- (Skills Mastery and Resistance Training) addresses age-appropriate issues and provides information and skills needed for youth to adopt the attitudes and behaviors necessary to lead healthy, fulfilling lives.</p>	Cafeteria	8/25/22	4/20/23	Thursday
<p>Positive Action- Helping students learn to understand their emotions, feelings and actions.</p>	Cafeteria	September	4/21/23	Monday/Friday

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After School 2:50-4:45pm Monday-Thursday

- 2:50-3:05 Sign In/ Snack/ Clean Up
- 3:05-3:20 Fitness Stations
- 3:20-4:05 Circle Centers SEL/SMART/CSC/Positive Action/Keystone/Career Launch
- 4:05-4:45 Enrichment/Homework Focus Time (Activity: Cooking, Sports, Drama, Robotics RPG)
- Dismissal

After School 1:00-2:55pm Friday

- 1:00 Sign In
- 1:00-1:15 Snack/Clean Up
- 1:15-1:35 Fitness Stations
- 1:35-2:15 Circle Centers Positive Action
- 2:15-2:55 Activity: Sports, Gameroom, Crafts,
- 2:55 Dismissal